BAKELS
BAKERY INGREDIENTS SINCE 1904

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WHEAT BRAN SANDWICH

CATEGORY

Breads, Rolls & Pastry

INGREDIENTS

Group 1

Ingredient	KG
BAKELS WHEAT BRAN SANDWICH CONCENTRATE	0.600
Bread Flour	1.400
BAKELS INSTANT ACTIVE DRIED YEAST	0.024
Water (variable)	1.220
Total Weight	3.244

Group 2

Ingredient	KG
Shortening	0.100
Total Weight	0.100

METHOD

1. Mix Group 1 for 8 minutes.
2. Then add in Group 2 and mix for another 4 minutes or until the dough is well developed.
3. Allow the dough to rest for 5 - 10 minutes.
4. Scale and mould the dough as desired.
5. Bake at 220°C for 25 minutes